

Positivity Project Character Strengths Calendar 2022 – 2023

Consider using this [reflection journal](#), or similar, so students have a way of looking back and their strengths and areas for growth

WEEKS	CHARACTER STRENGTHS
Q1 Aug. 29th-Sept. 2nd	PACK Rules and Procedures
Sept. 5th-9th	PACK Rules and Procedures
Sept. 12th-16th	Other People Matter Mindset: Intro Week
Sept.19th-23rd	Curiosity
Sept.26th-Sept. 30th	Teamwork
Sept. 30th	Wear Purple Other People Matter, Curiosity & Teamwork
Oct. 3rd -7th	Open-Mindedness
Oct. 10th-14th	Other People Matter Mindset: Being present and giving others my attention
Oct. 17th-21st	Integrity / Bullying Prevention Spirit Week
Oct. 24th-28th	Creativity
Oct. 20th	Wear Orange for UNITY day
Oct. 28th	Wear Orange or Black for open mindedness, being present for others, integrity and creativity
Oct. 31st- Nov. 4th	Other People Matter - knowing my words and actions affect others
Q2 Nov. 7th-11th	Bravery
Nov. 14th-18th	Gratitude
Nov. 18th	Wear Your favorite COLOR for other people matter, bravery and gratitude

Nov. 21st-22nd	Gratitude
Nov. 28th - Dec. 2nd	Kindness
Dec. 5th - 9th	Other People Matter: Supporting others when they struggle
Dec. 12th - 16th	Self-Control
Dec. 16th	Wear RED for kindness, supporting others, and self control
Dec. 19th - 20th	Flex - Winter Break
Jan. 2nd-6th	PACK Rules and Procedures Review
Jan. 9th-13th	Optimism
Jan. 16th-20th	Prudence
Jan. 23th-27th	Perseverance
Jan. 27th	Wear BLUE for Optimism, prudence, perseverance.
Q3 Jan. 30th -Feb. 3rd	Social Intelligence
Feb. 6th-10th	Forgiveness
Feb. 13th-17th	Love
Feb. 21st-24th	Other People Matter Mindset: Cheering others' success.
Feb. 24th	Wear WHITE or RED for social intelligence, forgiveness, Love, and cheering others' success.
Feb. 27th-March 3rd	Humility
March 6th-10th	Love of Learning
March 13th-17th	Other People Matter Mindset: Identifying and appreciating the good in others
March 20th-24th	Perspective
March 24th	Wear GREEN for Humility, love of learning, appreciating others, & perspective

March 27th-31st	Humor
Q4 April 3th-7th	Spring Break
April 10th-14th	Fairness
April 17th-21nd	Appreciation of Beauty and Excellence
April 24th-28th	Purpose
April 28th	Wear your favorite superhero shirt or superhero colors for humor, fairness, appreciation of beauty & purpose
May 1st-5th	Enthusiasm
May 8th-12th	Leadership
May 15th-19th	Other People Matter Mindset: Outro Week (concluding exercises)
May 19th	Wear Olds Colors (Purple and/or White) for enthusiasm, leadership, and other people mattering
May 22nd - June 2nd	Review strengths, have students reflect on those they have shown consistently (with examples) and those they could work on (using examples).

<p><u>Quarter 1</u> Curiosity Team work Open mindedness Integrity Creativity Other People Matter</p> <ul style="list-style-type: none"> • Words and actions affect others • Be present and give other your attention 	<p><u>Quarter 2</u> Bravery Gratitude Kindness Self-control Optimism Prudence Perseverance Social Intelligence Other People Matter</p> <ul style="list-style-type: none"> • Supporting other when they struggle 	<p><u>Quarter 3</u> Forgiveness Love Humility Love of Learning Perspective Humor Other People Matter</p> <ul style="list-style-type: none"> • Cheering others success • Identifying & Appreciating the good in others 	<p><u>Quarter 4</u> Fairness Appreciation of beauty Purpose Enthusiasm Leadership Other People Matter</p>
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